

Nudges in Alexandria

(Questions we have, things we want to understand more, things we can do now at an individual, organizational, or community/system level to “nudge” things along.)

- Think outside the box
- Take away the positive or look for the positive while observing.
- Admissions to facilities in North Dakota- stop waiver services, require new MNChoices when back home (have no services@ discharge)
- Stray away from exact questions on forms to get the answers
- Issue with waiver programs and admits to IMD facilities (waiver services have to close) – not continuation of care.
- We need more community awareness and support from our rural community.
- How do we get the community to be interested in learning more about mental health?
- Be more aware of focusing on being and active listening and listening for meaning.
- Be a good example of being inclusive/respectful.
- Attend the inclusion network lunches.
- Rework our “mandatory” cultural considerations form.
- More training and awareness of cultural considerations.
- Add cultural conversation into the functional assessment.