## Nudges in Bemidji

(Questions we have, things we want to understand more, things we can do now at an individual, organizational, or community/system level to "nudge" things along.)

- Better collaboration and information with the Veteran's services
- Find out how the social rules of culture impact how they can safely respond. Reflective practice could help us build this into personal and corporate practices.
- Remind myself to be aware of someone's culture vs. just focusing on the paperwork done.
- Inability to provide care for MH in person's home
- Finding supports outside of "traditional" family roles.
- Implicit bias comes from both sides
- Cultural Humility and Responsiveness- provide training for orgs and agencies outside of S.S. to help understand and be aware of this.
- People at all levels and all roles provided with training on topic across multiple disciplines.
- Why don't we have more people of color working at our agency?
- Open communication pathways and relationships with hospitals and providers.
- Our definition of MH vs community; may not see it as MH c/o
- Bringing the concept to the community; nudging our community partners
- Breaking down silos within and outside of agency
- Need for more co-creation strategies that are not AMS
- More training around LGBTQAI2S
- I want the bosses- supervisors, money people @ the table at training and working together.
- Identify more of our cultural lenses and presets that define our expectations of others.
- Bring down the silos at work, nudging our internal partners.