

Nudges in Rochester

(Questions we have, things we want to understand more, things we can do now at an individual, organizational, or community/system level to “nudge” things along.)

- Treat them sharing their story as a gift every time!
- Evoke a conversation within my organization to create awareness of cultural competency.
- We need to approach our youth with a trauma-informed lens
- Mental Health First Aide to hair-cutters and bartenders
- Approach everyone as though they are a GIFT to me!
- Practice what I preach and give up on getting providers to buy in.
- Connecting the people, I support with more resources and explaining it to them.
- Be okay with being uncomfortable.
- Volunteer to do a training at our school.
- Be mindful the many people our organization services have little to now support system outside of their paid supports.
- Continue to be aware of internal biases and how it affects client engagement.
- Being more collaborative & networking.
- System changes to reduce provider liability to allow more dignity of risk.
- Focus on the goal of the person we are serving and the path they want to take to get there.
- How do we follow up on the trainings and become more culturally aware?
- Continue to be aware of internal biases and how it affects client engagement.
- Compile wide range of resource within community
- Consider the language and terms we use and how others understand them.
- Give each person you support the time they deserve.
- Create a network of collaborative resources to help alleviate risks or serve as a proactive measure
- Put more information about strengths or what is going well in court reports.
- Remember that families don't know the terms we use or resources.
- Moving towards “for” to “with” “togetherness”