

Nudges in Stillwater

(Questions we have, things we want to understand more, things we can do now at an individual, organizational, or community/system level to “nudge” things along.)

- In the last 2 weeks I have communicated more with clients and providers. I will continue to do this as it has produced more fruitful, higher quality work. Continue to work with clients and be transparent. I ask them to help keep me accountable as I am human. I also make mistakes and forget things. Being authentic and real.
- Changed questions wording; reflective listening; asked? re: his concern; affirmed his actions that were important to him; ask questions about his concerns about form.
- How to emulate or facilitate concept of “cultural humility” in my team, or even just myself.
- Real recognition of strengths and positive efforts done by workers to affect change.
- I will use plain language vs. symptom language. I will get the experience of the person.
- Labelling family members can drive the planning, i.e., enablers; rather than describing one’s effect on one another.
- Work on becoming better at person-person relationships building with individual when completing forms- let/permit person to share and the form will complete itself.
- How do families be more open to one another when views are different?
- How to ask people their hopes and dreams.
- Little library -> not approved for lobby, for public?
- To not assume an injured family tie or relationship can’t be repaired or revisited.
- I would like my agency to change question on intake paperwork form around how does your culture support or not support mental health.
- Investigate culture impartially. Identity of team members at a staff meeting as an investigatory exercise.
- Incorporate families into cl. cases more.; What does being a partner, child, sibling, spouse, aunt, uncle, grandparent mean to cl?; What does it look like on a good day. How does your MH interfere with your perceived role? How can I help support you?