

Nudges in Virginia

(Questions we have, things we want to understand more, things we can do now at an individual, organizational, or community/system level to “nudge” things along.)

- Our current school age children seem to have more mental health issues than ever before. All of these positive changes are vital for all of us. They will be in our roles soon.
- Discuss with company HR Dept what type of training, if any, are being provided to the front desk personnel.
- Continue to be mindful that we are a change agent/target
- More mental health education in schools
- Remember, everything is an assumption.
- Ask what’s going well. (we found we weren’t doing this.)
- Increased agency collaboration on the range.
- Increased self-awareness of staff
- Discuss in a unit meeting how to approach people about how they want at meetings involved in their planning.
- Figure out a way to connect (in a real way w/coworkers) develop stronger relationships and teams.
- Don’t be afraid to ask questions!
- DHS should co-create related to what areas of a person’s life are most impactful and need to be addressed in their plans.
- More therapists in schools.